

Starters

Sharing Board for 2	£13.00
cured meats, olives & pickles, cheese, fruit, oils, bread	
Hummus and Flatbread (Vegan)	£6.95
garlic oil and chilli flakes	
King Prawn Cocktail (Gf)	£7.95
salad, lemon	
Smoked Mackerel Pate	£6.95
citrus dressed side salad, toast	
Surf & Turf (Gf)	£8.75
2 ^{oz} fillet steak topped with a skewer of garlic butter king prawns	
Thai Cod and Prawn Fishcake	£6.95
lime dressed salad, sweet chilli sauce & coriander	

From the Grill

Steaks served with fried mushrooms, vine tomatoes, pea shoots, chunky chips

10^{oz} Welsh Rump Steak	£23
<i>a lean cut of meat with very little fat, best cooked medium rare to medium</i>	
8^{oz} Welsh Ribeye Steak	£25
<i>a juicy well marbled steak, best cooked medium</i>	

Half Rack BBQ Pork Ribs, chunky chips, coleslaw, ranch dip **£15**

Steak Sauce & Sides

Peppercorn Sauce	£3.50	Garlic Bread	£3.50
Béarnaise Sauce	£3.50	Cheesy Garlic Bread	£4.50
Dressed Side Salad	£4.50	Coleslaw	£2.50
Onion Rings	£3.50		

Main Dishes

Pan Fried Fillets of Sea Bass (Gf)	£18.50
served over baby potatoes, lemon caper butter, samphire, micro salad, lemon oil	
King Prawn & Chorizo Tagliatelle	£16.75
prawns in a smokey, chorizo, tomato and garlic sauce over tagliatelle with rocket, parsley and lemon	
Maritime Pot Pie	£16.50
white fish, cod cheeks, prawns and smoked haddock in a herby white sauce topped with a zesty gremolata breadcrumb and served with samphire and dressed salad	
Slow Cooked Beef Curry – Medium Spiced (Gf)	£16.50
slow cooked braising beef in our spices and herbs with tomatoes and coconut milk, served with steamed rice, poppadom, mango chutney and coriander	
Creamy Tuscan Gnocchi (V)	£15.50
pan-fried gnocchi, with garlic, sun dried tomatoes, cream, parmesan and wilted spinach, served with crusty bread and dressed side salad	
Smugglers Chicken	£16.50
whole butterflied chicken breast, topped with barbecue sauce, bacon and melted mature cheese, served with fries, garlic bread and dressed salad	
Coconut and Spinach Lentil Dhal (Vegan)	£15.50
slow cooked green lentils in coconut and curry spices, served with rice and flat bread, topped with coriander and sliced chillies	

Burgers

all served in a sourdough bun, with lettuce and tomato. With fries, coleslaw & onion rings

6^{oz} Beef Burger & Onion Marmalade, Welsh Cheese	£16
Deep Fried Crispy Chicken and Spicy Mayonnaise	£16
Spiced Bean Burger & Garlic Mayonnaise (Vegan)	£16

Please talk to a server regarding allergens in our dishes.

As we make all our dishes to order, this can lead to a slower service during peak times