



Starters

Baked Caws Cenarth Brie - caramelised red onion marmalade, bread, <i>serves 2</i>	£12.00
Salt & Chilli Chicken Wings (Gf) – ranch dip	£6.50
Sautéed King Prawns – garlic and herb butter, bread	£6.50
Hummus – garlic oil, chilli flakes, warm flat bread	£6.50
Spiced Chickpea Falafels (Gf) – pickled red onion, tahini sauce	£6.50
Surf & Turf (Gf) – 2 ^{oz} Welsh fillet steak, skewer of garlic and herb king prawns	£8.50

Mains

Welsh Ribeye Steak (Gf) £25

a juicy and well marbled steak that's best cooked medium, served with chunky chips, griddled vine tomatoes, field mushroom

Welsh Rump Steak (Gf) £23

a lean cut of meat with very little fat, best cooked medium rare to medium, chunky chips, field mushroom, griddled vine tomatoes

Slow Cooked Beef Curry (Gf) £16 – medium spiced

slow cooked braising beef in our spices and herbs with tomatoes and coconut milk, served with steamed rice, poppadom, mango chutney & coriander

Beef Burger £15

toasted bun with, red onion marmalade, tomato, and salad leaves served with fries, onion rings and coleslaw *add streaky bacon £1.50 mature cheese £0.50p*

Chicken Fajita Burger £16

toasted bun, grilled peppers and jalapenos, smoked cheese and sour cream, served with fries, onion rings and guacamole

Smugglers Chicken £16

whole butterflied chicken breast, topped with barbecue sauce, bacon and melted mature cheese, served with fries, garlic bread and dressed salad

Pan Fried Fillets of Sea Bass (Gf) £18

served over crispy potatoes, lemon caper butter, samphire, micro salad, and lemon oil

Maritime Pie £16

white fish, cod cheeks, prawns and smoked haddock in a white sauce topped with cheesy mash and served with samphire and dressed salad

King Prawn & Chorizo Tagliatelle £16

prawns in a smokey, chorizo, tomato and garlic sauce over tagliatelle with rocket, parsley and lemon

Battered Thai Cod and Prawn Burger £16

in a toasted bun, sweet chilli sauce, tomato, and salad leaves served with fries, onion rings and coleslaw



Creamy Tuscan Gnocchi (V) £15

pan-fried gnocchi, with garlic, sun dried tomatoes, cream, parmesan and wilted spinach, served with crusty bread and dressed side salad

Sweet Potato and Coconut Curry (Gf, Vg) £15 – mild spiced

a mix of sweet potato, peppers and onions in our spices and herbs in a tomato and coconut base, with steamed rice, poppadom, coriander, lime

Spiced Bean Burger (Vg) £16

toasted bun, sriracha mayo, tomato, and salad leaves served with fries, onion rings and coleslaw



Sides

Peppercorn Sauce	£3.50
Chimmichurri	£2.50
Aioli	£2.50
Onion Rings	£3.50
Garlic Bread	£3.50
Dressed Side Salad	£4.50
Skin on Fries	£3.75
Chunky Chips	£4.00
Coleslaw	£2.50

Please talk to a server regarding allergens in our dishes.

As we make all our dishes to order, this can lead to a slower service during peak times