

# The Ship Aberporth Bar & Grill (lunch menu)

## Main Course

<b>10<sup>oz</sup> Welsh Sirloin Steak (Gf)</b> , mushrooms, grilled vine tomatoes, watercress, skin on fries	<b>£24</b>
<b>Griddled Butterfly Mackerel (Gf)</b> , beetroot potato salad, rocket, capers, lemon & dill dressing	<b>£14</b>
<b>Wholetail Breaded Scampi</b> , skin on fries, garden peas, dressed salad, lemon, tartare	<b>£13</b>
<b>Griddled Chicken Fillet Burger</b> , herby garlic butter, lettuce, tomato, mayo	<b>£14</b>
<b>Fish Burger</b> , breaded mackerel goujons, tartare, lettuce, tomato	<b>£13</b>
<b>Dyffryn Burger</b> , beef burger, welsh cheddar, lettuce, tomato, burger sauce	<b>£14</b>
<b>Vegetarian Jalapeño and Black Bean Burger</b> , chilli jam, lettuce, tomato	<b>£13</b>
<b>All our burgers are served in a toasted bun, with skin on fries, onion rings &amp; dressed leaves</b>	
<b>The Ship Salad Bowl (vegan, Gf)</b>	
Mixed leaves, herbs, avocado, pickled slaw, vine tomatoes, nuts, butterbean dip, dressing	<b>£8</b>
Garlic Butter Chicken (Gf)	<b>+ £4</b>
Smoked Salmon (Gf)	<b>+ £4</b>
Falafel and Balsamic Glaze	<b>+ £3</b>

## Children's Menu

<b>Breaded Chicken Goujons (Gf)</b> , skin on fries with peas or beans	<b>£6</b>
<b>Battered Cod Bites</b> , skin on fries with peas or beans	<b>£6</b>
<b>Pork Sausages</b> , skin on fries with peas or beans	<b>£6</b>
<b>Vegetarian Glamorgan Sausages</b> , skin on fries, peas or beans	<b>£6</b>

## Pudding

<b>Artisan Welsh Cheese Plate</b> , Perl Las, Perl Wen, Caws Cryf with caradoc crackers, grapes, chutney	<b>£8</b>
<b>Warm Belgian Waffle</b> , topped with Ice Cream a choice of maple syrup, chocolate or toffee sauce	<b>£6</b>
<b>Ice Cream Sundae</b> , 3 scoops of ice cream, chocolate and strawberry sauce, wafer curls, cream	<b>£5</b>
<b>Cheesecake</b> , please ask for today's special	<b>£6</b>
<b>Lemon Sorbet</b> , (vegan), Mango Coulis	<b>£4</b>

Please ask server for information regarding allergens and intolerances.

All food is prepared in a kitchen where nuts, fish, shellfish, cereals and other allergens are present.